

# Your voice is an outward expression of you and gets a lot of use throughout the day.

However, sometimes your voice might need some support to meet all its demands.

**I lose my voice all the time.**

**I can't project my voice.**

*My voice doesn't match my gender.*

*I can't sing like I used to.*

**It hurts to talk.**

**My voice sounds rough.**

*People can't hear me.*

**I run out of air when talking.**

Speech-language pathologists have the skills and training to help you find the voice to meet your individual needs.

**Make an S-LP part of your voice care team.**



Speech-Language &  
Audiology Canada  
*Communicating care*